



DEVARANA  
SPA

## SIGNATURE PACKAGE

### **The Heavenly Nantha Garden Experience (2.5 hours)**

**EGP 2,550**

In the work of ancient Thai literature called Tribhumphruang, Nantha was described as a garden situated at Heaven's gate, with magical flowers and herbs. Devarana Spa brings the divine garden to life by gathering a generous amount of fresh pink lotus and champaca petals with the exquisite oil blend from ylang ylang and jasmine to create a truly heavenly experience.

This soothing treatment comforts the skin and uplifts the mind. It includes Devarana Bath and Devarana Body Scrub and Devarana Massage that combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and aromatherapy influences for the ultimate in relaxation and pampering.

### **The Harmony of Tad Si-the Traditional Thai Medicine (2.0 hours)**

**EGP 2,200**

An ancient Thai therapy based on the Buddhist teaching that the human body is composed of Tad Si or four elements of earth, water, wind and fire. Traditional Thai medicine also believes that diseases are caused by two main reasons: first, an imbalance of the four elements in the body, and second that the mind is governed by 'ego' and ego leads to unhealthy emotions of attachment, aggression and obscuration that can disturb the body harmony.

The Harmony of Tad Si combines a Thai herbal compress dipped into aromatic oil tailored to each guest's body element, with Thai Massage, incorporating pressure point and stretching techniques to relax muscles, relieve soreness, promote circulation and stimulate the nerve meridians of the body.

*Devarana Spa at Dusit Thani LakeView Cairo*

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*. Effective January 1, 2019*



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## MASSAGE (a la carte)

### **Ayurvedic Head Massage (60 mins)**

**EGP 1,300**

A traditional Ayurvedic oil massage for the head, neck and shoulders. Some of its many benefits include strengthening the hair roots, nourishing the scalp and releasing the flow of prana or energy through the entire body. Ideal for relieving stress and promoting a restful sleep.

### **Ginger Compress & Back Massage (60 mins)**

**EGP 1,200**

Focusing on the neck, shoulders and upper back, this massage places lightly steamed gingers on the back and lets their heating effect to relieve aches and pains as well as stimulating blood circulation. After the compress, soothing hand movements work into the muscle and soft tissue to relieve stress and tension.

### **Reflexology Foot Massage (60 mins)**

**EGP 1,300**

After cleansing the feet with a refreshing salt scrub, pressure is systematically applied to stimulate the nerve reflexes in the feet. These points correspond to all major body parts and organs, improving total body functioning and restoring balance and harmony to the body.

### **Aromatic Detoxifying & Contouring Massage (90 mins)**

**EGP 1,800**

A light, calming massage using specifically formulated slimming oils to fight the accumulation of cellulite and water retention. Lymphatic drainage technique is applied to help the body eliminate toxins, followed by contouring massage to assist in body slimming. Highly recommended in combination with any detoxifying treatments.

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## MASSAGE (a la carte)

### **Devarana Signature Massage (90 / 120 mins)**

**EGP 2,100 / 2,200**

Exclusive to Devarana Spa, this unique massage combines strong pressures of Thai, Ayurveda and Shiatsu techniques with Swedish and Aromatherapy influences for the ultimate soothing and pampering experience. The signature massage comes together with a bowl of hot water with freshly sliced kaffir lime and orange for respiratory clearing.

### **Swedish Massage (60 / 90 / 120 mins)**

**EGP 1,300 / 1,800 / 2,000**

This ultimate relaxing massage uses long, soothing strokes to induce relief from stress and tension, while stimulating blood circulation. Pressure can vary from soft to medium, in accordance to your personal preference.

### **Traditional Thai Massage (60 / 90 / 120 mins)**

**EGP 1,300 / 1,800 / 2,000**

The traditional Thai massage blends a strong and invigorating massage, using deep finger pressure point, with a passive body stretching to alleviate muscle fatigue and tension. Performed on Traditional Thai mattresses without oil, this full body massage reduces tension, improves flexibility and provides an excellent inner balance.

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## **BODY SCRUB (a la carte)**

### **Aromatic Floral Coconut Body Scrub (60 mins)**

**EGP 1,200**

The wonderful mixture of dried coconut and ylang ylang essential oil cleanses your skin without drying or removing the skin's natural moisture. The skin feels and looks smoother with even tone and healthy coloring.

### **Lavender Body Scrub (60 mins)**

**EGP 1,200**

Lavender is not only remarkable for its aromatherapy benefits, but is also excellent for effective skin care. Enriched with natural vitamins and moisturizers, a lavender scrub induces relaxation with its soothing aroma, and at the same time gently cleanses, exfoliates and nourishes the skin, leaving your skin smooth, and velvety refreshed with a radiant glow.

### **Rose Petal Body Scrub (60 mins)**

**EGP 1,200**

Legendary for its unsurpassed beauty and delicate fragrance, rose petal has long been used for softening and rejuvenating skin. Its rich nourishing and soothing properties help control thread veins, heal wounds and induce skin elasticity, making your skin smooth, fresh and well-nourished with uplifting aroma. Superb for anti-ageing.

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## **FACIAL (a la carte)**

### **Replenishing Marine Facial (60 mins)**

**EGP 1,400**

A mineral-rich facial designed to rehydrate and replenish the skin, leaving it gloriously renewed. Using several different kinds of seaweeds with aromatic oil and plant extracts, this wonderful maritime face rejuvenation is very gentle even for sensitive skin.

### **Soothing Sea for Men (60 mins)**

**EGP 1,400**

Recommended for skin care that keeps men looking healthy and handsome, here's a refreshing facial using seaweed, aromatic oil and plant extracts, precisely tailored for men, to deeply cleanse the skin, enhance the moisture balance and restore natural radiance, for that fresh and revitalised appearance.

### **Marine Anti-Aging Facial (90 mins)**

**EGP 2,000**

In this superior facial, marine anti-aging products are applied with relaxing and toning massage techniques to stimulate and detoxify your skin. Rich in mineral like, magnesium, calcium and iron, this marine anti-aging treatment gently tones, visibly whitens and uncompromisingly combats the signs of matured skin, while providing a very natural kind of facelift.

## **BEAUTY TREATMENTS (a la carte)**

### **Aromatic Manicure (60 mins)**

**EGP 550**

A pampering treatment to restore beauty and suppleness of your hands and nails. Your hands are tenderly polished and nourished – the nails buffed to a healthy shine, or coated with the polish of your choice.

### **Aromatic Pedicure (60 mins)**

**EGP 650**

A classic pedicure to remove hard dry skin and beautify the feet and nails. Your feet are gently scrubbed and nourished - nails can be buffed to a healthy shine or coated with the polish of your choice.

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## PAMPERING PROGRAMME

### **Living Radiance (2.0 hours)**

**EGP 2,200**

Restore the skin's natural radiance with a body scrub that exfoliates and smoothes the skin, followed by a 90-minute body massage, using natural essential oil blends.

### **Devarana Touch of Heaven (2.5 / 3.0 hours)**

**EGP 2,350 / 3,000**

Our most popular package. A heavenly relaxing combination of a 60 or 90-minute facial and a 90-minute body massage provides a sense of renewal for face and body.

### **Ultimate Glow (3.0 hours)**

**EGP 3,000**

Tailored for those seeking healthier and clearer complexion and a stress free body. Indulge with a facial and a body scrub, and complete the pampering with a 90-minute massage.

### **Half Day Harmony (5.0 hours)**

**EGP 5,500/person**

Luxuriously designed to give you an ultimate relaxing experience. Start with an aromatic Thai herbal steam, a floral bath, a body scrub, a 90-minute massage, a 90-minute Facial and a Reflexology Foot Massage. Guaranteed perfect spa menu for couples.

## WATER TREATMENT (a la carte)

*(Available in conjunction with other treatments)*

### **Luxury Milk & Roses Bath (30 mins)**

**EGP 700**

For all skin types, this romantic milk bath, filled with fresh rose petals, creates harmony and an unforgettably relaxing sensation. It soothes the emotions whilst softening and nourishing your skin, leaving it feeling silky smooth and lightly scented with a classic floral fragrance.

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## HYDROTHERMAL PROGRAMME

Devarana Spa offers the extensive heat and water experiences with separate areas for male and female guests. These heat and water experiences relieve stress and tension, relax your muscles, increase circulation, stimulate your immune system as well as promote a sense of well-being.

Use of the heat and water experiences is included with all spa services, and guests are encouraged to arrive 60 minutes prior to their scheduled treatment. For guests who wish to use the heat experiences without spa services, advance reservation is required as well as a usage fee for “Hydrothermal Experience” is applied.

### **The Ultimate Hammam Experience (60 mins)**

**EGP 1,500**

Begin the luxury cleansing ritual with steam and warm shower using the traditional black soap, followed by the traditional vigorous loofah body scrub and complete the ritual with a the time-honored Moroccan soap massage with the various stretching movements.

### **Hydrothermal Experience (3.0 hours)**

**EGP 1,000**

Independently experience the holistic effect of these hydrothermal benefits for cleansing and detoxifying. The heat and humidity steam stimulates the blood circulation and helps in the detoxification. Enjoy the warm Jacuzzi bath before relaxing your body in a heavenly sauna or steam.

### **Steam and Sauna (60 mins)**

**EGP 600**

Refresh your body in this gentle cloud of steam and sauna. Ideal before a massage, or anytime to cleanse the skin, clear the lungs, promote the circulation and invigorate the body.

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### **Arrival Time**

Please check in at Spa Reception at least 15 minutes prior to your scheduled appointment. Arriving late will result in a reduction of treatment time.

### **Cancellation Policy**

Because treatments are reserved especially for you, appointments cancelled with less than 6 hours notice will incur a cancellation fee of 50% of the reserved treatment cost per hour per person if no treatments have been selected. The full reserved treatment cost per hour per person will be imposed for a “no-show”.

### **Gift Certificates**

Gift Certificates for spa treatments and retail products are available for purchase.

### **Payment**

Cash and all major credit cards are accepted.

### **Refund**

Spa treatments and spa memberships are non-refundable, non transferable and non-exchangeable unless otherwise stated.

### **Spa Protocol**

We kindly request that mobile phones be turned to silent mode and that noise be kept to a minimum to allow all guests to enjoy the serenity of the spa. Children under 15 years are not permitted in the spa. Smoking and consumption of alcohol in the spa is not allowed.

### **Special Considerations**

Before undertaking spa treatments, please consult your health practitioner if you have any medical conditions such as high blood pressure, heart condition or any other medical complication. Guests are asked to complete a health questionnaire. Please advise reception if you have any health issues or concerns.

### **Contact Lenses**

We recommend you to remove your contact lenses before your facial treatment. Please bring your own case and solution for lenses.

### **Valuables**

Jewellery and valuables may be placed in secured drawers in treatment rooms; however we recommend that no jewellery be worn in the spa. The management accepts no responsibility for the loss of money or valuables brought in to the spa.

### **Accidents or Injuries**

Devarana Spa shall not be liable for any accident or injury suffered by any member or guest.

### **Extra Time**

We offer private changing and showering facilities in each of our treatment rooms. In addition to your treatment time, we allow 15 minutes for changing and showering. Extra time is charged at EGP 200 for each 15 minutes or part thereof. Please let us know in advance if you require extra showering or changing time so that we may reserve your room.

